

# **CONQUERING THE CHALLENGES OF A BEGINNING AGILITY CLASS**

**July 2009**

**Offered by Donna Brown, Nancy Williams and  
Animal Behavior Associates, Inc.**

## **I. Why is this Class so Difficult**

- A. The dogs**
- B. The owners/handlers**
- C. The good news**

## **II. Evaluation Night**

- A. Purpose**
- B. Exercises**

## **III. First Class (No Dogs)**

- A. Purpose**
- B. Discussions and Demonstrations**

## **IV. Class Management Techniques**

- A. Purpose**
- B. Specific Rules**

## **V. The Human part of the Team**

- A. Variety of experience and knowledge**
- B. Resistance to your methods**

## **VI. The Two Extremes of Dog Personalities**

- A. High Stressing Dog (HSD)**
- B. Low Stressing Dog (LSD)**

## **VII. The Second Night (1<sup>st</sup> Night with Dogs).**

- A. Remind of and reinforce rules**
- B. Types of exercises**
- C. Instructor notes**

## **VII. Specific Exercises**

- A. One jump**
- B. Shadow Handling**
- C. Wobble Board**

## **VIII. Introduction of Specific Equipment**

- A. Tire**
- B. Tunnel**
- C. Chute**
- D. A-frame, Dogwalk**
- E. Teeter**